

## First Aid for Workplace Exposure

What to do if you suffer an injury in your clinical placement (including needle stick injuries):

### First Aid-Immediate Actions:

- Remove contaminated clothing
- Allow immediate bleeding for needlestick/laceration
- Wash injured area with soap and water
- Flush mucous membrane or eye splash with water or saline x 15 min
- Determine HIV, HBV and HCV status of patient

**Report immediately to clinical leader, charge person or supervisor** who will direct you to Occupational Health, the Emergency Department, or an on-call physician for bloodwork and consideration of HIV post-exposure prophylaxis or Hep B Immune Globulin

Report incident to Student Affairs Office, Dalhousie Medical School

Refer to the ***Infection Control Occupational Health Manual*** on the UGME website, policies and regulations page.

**UGME Policy on Exposure to Infectious or Environmental Hazards link is on the UGME website**